

Poor Madge



Madge adored fudge!



Her husband didn't judge,  
but the fat on her hips just didn't budge.



Every day she ate a wedge from the fridge.  
Yummy!



The problem was her clothes just didn't fit,  
you see.



So she went along to a slimming club.



She started an exercise regime.



Over bridge and ridge she trudded,  
but the fat just didn't budge.

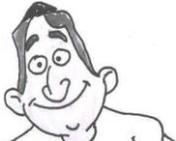


Until she gave up fudge for sludge!  
Poor Madge.



She did win a badge.  
It said "Madge, best slimmer we ever had!"

Word List

1		fudge	
2		judge	
3		bridge	
4		trudge	
5		sludge	
6		badge	
7		Madge	
8		adored	
9		win	
10		clothes	
11		exercise	
12		husband	

**MADGE GAME INSTRUCTIONS**

**Preparation:** print and cut out the cards. Print the game board.

**Play:** Roll a dice. When you land on a red square, pick up a MADGE card.

Read the MADGE card and move the number of places that the card instructs.

The first to finish is the winner.

---

MADGE Cards for game (based on Chance cards for Monopoly.)

<p>"Madge went to a wedding, ate a lot of fudge." Back 3 paces.</p>	<p>"Madge got a salad for a snack." Forward 2 paces.</p>
<p>"Madge went swimming, good exercise!" Forward 3 paces</p>	<p>Madge trudged quicker today!" Run forward 2 paces.</p>
<p>"Madge's husband took her for a Fudge Sundae." Back 2 paces.</p>	<p>. "Madge did the 5 k, go Madge!" Forward 4 paces.</p>
<p>"Madge got a cute puppy, she walks it every evening!" Forward 3 paces.</p>	<p>"Madge ran at her grandkids' sports day!" Forward 3 paces.</p>

<p>"Madge now makes smoothies, taste better than sludge." Forward 2 paces.</p>	<p>"Madge's husband is getting fit too! Way to go!" Forward 2 paces.</p>
<p>"Madge helps her chums to get fit!" Forward 2 paces.</p>	<p>"Madge jumps rope with her kids!" Forward 3 paces.</p>
<p>"Madge hikes in the hills with her family " Forward 4 paces.</p>	<p>"Madge ate fast food." Back 2 paces.</p>
<p>"Madge makes a fudge cake. Oops!" Back 2 paces.</p>	<p>"Madge sells her car and gets a bike! Good job!" Forward 4 paces.</p>
<p>"Madge plays football with her grandkids. Nice work!" Forward 4 paces.</p>	<p>"Madge bumps her foot, no keeping fit today!" Stay still.</p>
<p>"Madge ate a huge cake. Oops!" Back 4 paces.</p>	<p>"Madge eats junk food. Oh Madge!" Back 2 paces.</p>

<p>"Madge has fizzy drinks filled with sugar." Back you go, 2 paces.</p>	<p>"Madge goes to the gym!" Forward 2 paces.</p>
<p>"Madge tones at the gym!" Forward 3 paces.</p>	<p>"Madge ate a huge salad! Good job!" Forward 3 paces.</p>
<p>"Madge takes up dance! Nice job!" Forward 3 paces.</p>	<p>"Madge drank water and greens for supper. Mmm, a bit sad!" Stay still.</p>
<p>"Madge is not so huge, doing well!" Forward 3 paces.</p>	<p>"Madge spends a get fit holiday with a chum!" Forward 3 paces.</p>
<p>"Madge jogs madly on the green! Madge!" Forward 3 paces.</p>	<p>"Madge trades her large clothes for small! Go Madge!" Forward 3 paces.</p>
<p>"Madge takes up jogging!" Forward 3 paces.</p>	<p>"Madge runs the marathon!" Forward 3 paces.</p>

<p>"Madge gives up sugar! Sensible!" Forward 3 paces.</p>	<p>"Madge rides her bike to her job! Good!" Forward 3 paces.</p>
<p>"Madge got a lock for the fridge. Mmmm, a bit desperate." Stay still.</p>	<p>"Madge ate sludge with fudge! Madge!" Back 2 paces.</p>
<p>"Madge didn't exercise today. Oops!" Stay still.</p>	<p>"Madge went to the gym and did Zumba! Good job!" Forward 2 paces.</p>
<p>"Madge went out with her sister for supper and ate fudge! No, Madge!" Back 3 paces.</p>	

